

Volunteer Role Profile

Volunteer Role	Dance and Movement Volunteer
Volunteer Manager	Volunteer Service Lead
Where you will be based	Hospital

Why we want you

To enhance the health and wellbeing of individuals in hospital through the provision of weekly dance classes using gentle, joyful music to warm up, basic dance moves with gentle visualisation, and then relaxing cool down.

What you will be doing

- To check with your supervisor about priorities and any issues the volunteer should be briefed about
- Attend the hospital at the agreed time and liaise with the Occupational Therapy team regarding referrals for, and the set up of, Dance and Movement Classes
- Consider and discuss potential benefits and risks of the classes with the clinical teams and service users before sessions
- Provide Dance and Movement classes supported by a member of the occupational therapy/ward team and in accordance with the role description and within the bounds of your own training and abilities
- Provide a comfortable, safe environment for the service users
- Enhance the health and wellbeing of individuals in hospital through the provision of weekly dance classes using gentle, joyful music to warm up, basic dance moves with gentle visualisation, and then relaxing cool down.
- Share any issues or concerns arising from sessions that require documentation or handover
- Notify the Clinical Lead Occupational Therapist or delegated member of trust staff as soon as possible if you are unable to attend the trust due to ill health or for any other reason
- Adhere to the trust's policies, procedures, rules and regulations. Your manager will ensure that you are aware of those most relevant to your role
- Observe confidentiality regarding any information relating to the work of the trust, the service users and its employees
- To maintain compliance with mandatory training and undergo further training as required by the trust
- To undertake regular supervision with identified supervisor

The skills you need

- Qualified and experienced in teaching dance and movement classes
- To have strong communication and interpersonal skills

- To be friendly and approachable
- To be understanding, compassionate and flexible towards our service users and their needs
- To maintain a high level of professionalism in all areas of the role and when interacting with members of the public, patients and their families, and staff
- To present yourself in a professional manner to service users, staff and members of the public
- To be able to work in a potentially busy and stressful environment
- To be organised and work effectively as part of a team

What's in it for you

- Make a difference
- Meet people
- Be part of a community
- Take on a challenge

Disclaimer

No applicant will be unfairly discriminated against on account of their age, cultural/religious/political belief, disability, ethnicity, gender, race, relationship status, sexual orientation, and/or Trade Union membership/stewardship