

# Volunteer Role Profile

Volunteer Role	<b>Holistic Therapies Volunteer</b>
Volunteer Manager	<b>Natalie Poland</b>
Where you will be based	<b>Hospital</b>

## Why we want you

We are looking for a volunteer with experience and qualifications in Holistic Therapies such as aromatherapy, reiki and reflexology who can provide 1:1 interventions.

## What you will be doing

- To work alongside trust staff to identify patients who may benefit from holistic therapies
- To be able to work independently, show initiative and demonstrate an ability to be flexibility within role
- To undergo training and supervision as required

## The skills you need

- Experience and qualifications in holistic therapies such as aromatherapy, reiki and reflexology
- To have an awareness of safety issues
- To have good communication skills and be able to encourage patients to engage where possible
- Well presented, with a friendly and approachable manner
- An ability to be patient and calm even in the face of difficult situations
- An ability to act on own initiative within the role description
- A willingness to be flexible and to follow the guidance of a placement supervisor
- A commitment to the trust's equal opportunities and diversity policies
- A willingness to abide by the Sussex Partnership volunteer guidelines, including rules on confidentiality, health and safety, safeguarding adults and children and manual handling
- To be willing to receive training any areas as appropriate to the volunteer role

## What's in it for you

- Increase your social and relationship skills
- Gain career experience
- Volunteering provides a sense of purpose
- Support and training provided
- Increases self-confidence

## **Disclaimer**

No applicant will be unfairly discriminated against on account of their age, cultural/religious/political belief, disability, ethnicity, gender, race, relationship status, sexual orientation, and/or Trade Union membership/stewardship